



Recreational Gymnastics Schedule

SCHEDULE OF CLASSES

Effective June 1, 2009

CLASS	MON	TUE	WED	THUR	FRI	SAT
Preschool 2-3 & 4-5 Gym-N-Learn		9:00-11:30AM		9:00-11:30AM		
Rollers 2-3yrs. 45 min. class				10:30am		9:30am
Flippers 3-4yrs. 45min. Class	3:15pm	4:00pm	3:15pm			8:45am
Flyers 4-5 yrs. 45 min. class	5:00pm		5:00pm	9:30am		10:30am
Super Flyers Invite only		4:00pm 5:30pm boys		4:00pm 5:00pm boys		
Rookies 1 - 5-6yrs. 55 min. class	5:00pm			4:00pm 5:00pm	3:15pm	9:30am
Rookies 2 - 5-6yrs. 55 min. class	4:00pm	5:00pm	4:00pm			10:30am
Rookies 3 - 5-6yrs. 85 min. class		6:00pm				
Super Rookies Invite only	4:00pm		4:00pm			
Juniors 1 - 7 & up 85 min. class		4:00pm		4:00pm		9:30am
Juniors 2 85 min. class		4:00pm	5:00pm		4:00pm	
Seniors 1 - 9 & up 85 min. class					4:00pm	
Boys Jrs. 6 & up 85 min. class			4:00pm			
Boys Srs. 9 & up 85 min. class				6:00pm	5:30pm	
10+ Girls Gymnastics 85 min. class					5:30pm	
Gym-N-Cheer - 4-6yrs. 55 min. class		5:00pm	HipHop (7+) 5:30pm			
Gym-N-Fitness - 7 & up 55 min. class			5:30pm			
Beg. Tumbling 55 min. class	6:00pm					
Inter. Tumbling 85 min. class		5:30pm		5:00pm		
CHEER Tumbling 85 min. class			6:30pm			11:30am
Adult class 85 min. class				6:00pm		

Level 1 = Beginning * Level 2 = Intermediate * Level 3 = Advance

Rollers 2-3yrs.
45 min.

Flippers 3-4yrs.
45 min.

Flyers 4-5yrs.
45 & 55 min.

Rookies 5-6yrs.
55 & 85 min.

Jr. & Sr.
85 min.

Seniors 9 & up
85 min.

Tumbling
55 & 85 min.

OPEN GYM: SATURDAY 12:30-2:00pm see scheduled dates on website and around the gym.