



Champions Academy Recreational Gymnastics Schedule

# SCHEDULE OF CLASSES

Effective September 1, 2009

CLASS	MON	TUE	WED	THUR	FRI	SAT
<b>Preschool 2-3 &amp; 4-5 Gym-N-Learn</b>		9:00-11:30AM		9:00-11:30AM		
<b>Rollers 2-3yrs.</b> 45 min. class				10:30am		9:30am
<b>Flippers 3-4yrs.</b> 45min. Class	3:15pm	4:00pm	3:15pm			8:45am
<b>Flyers 4-5 yrs.</b> 45 min. class	5:00pm		5:00pm	9:30am		10:30am
<b>Super Flyers</b> Invite only		4:00pm 5:30pm boys		4:00pm 5:00pm boys		
<b>Rookies 1 - 5-6yrs.</b> 55 min. class	5:00pm			4:00pm 5:00pm	3:15pm	9:30am
<b>Rookies 2 - 5-6yrs.</b> 55 min. class	4:00pm	5:00pm	4:00pm			10:30am
<b>Rookies 3 - 5-6yrs.</b> 85 min. class		6:00pm				
<b>Super Rookies</b> Invite only	4:00pm		4:00pm			
<b>Juniors 1 - 7 &amp; up</b> 85 min. class		4:00pm		4:00pm		9:30am
<b>Juniors 2</b> 85 min. class		4:00pm	5:00pm		4:00pm	
<b>Seniors 1 - 9 &amp; up</b> 85 min. class					4:00pm	
<b>Boys Jrs. 6 &amp; up</b> 85 min. class			4:00pm			
<b>Boys Srs. 9 &amp; up</b> 85 min. class				6:00pm	5:30pm	
<b>10+ Girls Gymnastics</b> 85 min. class					5:30pm	
<b>Gym-N-Cheer - 4-6yrs.</b> 55 min. class		5:00pm	HipHop (7+) 5:30pm			
<b>Gym-N-Fitness - 7 &amp; up</b> 55 min. class			5:30pm			
<b>Beg. Tumbling</b> 55 min. class	6:00pm					
<b>Inter. Tumbling</b> 85 min. class		5:30pm		5:00pm		
<b>CHEER Tumbling</b> 85 min. class			6:30pm			11:30am
<b>Adult class</b> 85 min. class				6:00pm		
<b>Level 1 = Beginning * Level 2 = Intermediate * Level 3 = Advance</b>						
Rollers 2-3yrs. 45 min.	Flippers 3-4yrs. 45 min.	Flyers 4-5yrs. 45 & 55 min.	Rookies 5-6yrs. 55 & 85 min.	Jr. & Sr. 85 min.	Seniors 9 & up 85 min.	Tumbling 55 & 85 min.

**OPEN GYM: SATURDAY 12:30-2:00pm see scheduled dates on website and around the gym.**